# Stages of ALZHEIMER'S





## Mild Cognitive Impairment

Duration: 2-4 yrs / Av Age: 65

Memory Loss
Language & word-finding difficulties
Miss-names objects
Trouble Expressing thoughts
Decreased involvement in conversation
Mood and Personality Changes
Diminished Judgment
Inappropriate Behavior
Decrease ability to perform complex tasks
Social Skills Maintained
"Old" Learned Behaviors Maintained
Driving skills remain intact
Activities of Daily Living Maintained



#### Moderate Alzheimer's

Duration: 2-4 yrs

(65-95% of diagnosis occurs here)

Behavioral, Personality Changes Delusions (Firm False Beliefs) & Paranoia Aggression

Disinhibition

Inappropriate sexual behavior

Unable to Learn or Recall New Info

**Repeating Questions** 

Long-term Memory Affected

Forgetting family and friends' names

Activities of Daily Living Difficulties

**Trouble Managing Finances** 

Social Skills Decline

**Driving Skills Decline** 

Trouble eating, bathing, toileting, dressing



#### Severe Alzheimer's

**Duration:** 2-4 yrs

Incontinence

Requires Assistance with All ADLs:

Grooming

Toileting

Dressing

Eating

Unable to Converse / One Word Answers

Able to Follow One Step Commands Only

Sleep Disturbances

Wandering, Pacing

Slow Motor Movements

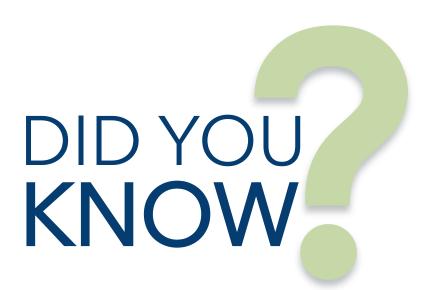
Difficulty Walking, Chewing, Swallowing

Looses Ability to Smile (Flat Affect)

Eventually unable to walk, talk, chew,

swallow, or remain awake

Total dependence



## California



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### September 2020

"I Can't Hear You!" **Addressing Hearing** Loss



Sep 2, 2020, 1:00 PM − 2:00 PM

#### Facebook LIVE: Brain Games With Marti!



iii Sep 3, 2020, 1:00 PM − 1:15 PM

Take 15 min for challenge your brain

## Making Homes Safe For Someone With Alzheimer's



Sep 9, 2020, 1:00 PM − 2:00 PM