



**CENTER OPEN:**  
 Mon.-Thurs, 10am to 4pm  
 501 S. Buena Vista Blvd.,  
 Burbank, CA 91505

**CONTACT:** (818) 847-3686  
 Email: [info@leezascareconnection.org](mailto:info@leezascareconnection.org)  
[www.leezascareconnection.org](http://www.leezascareconnection.org)  
*Located in South Tower*

Sat/Sun	Monday	Tuesday	Wednesday	Thursday	Friday
	1 8:30am-9:30am- Yoga with Teresa  6:30pm-8:00pm- The Sister Circle	2	3 11:15am-12:45pm- Caregiver Connection Support Group  6pm-7:30pm- Caring for a Parent with Alzheimer's or dementia Support Group	4 12:30pm-2:00pm- Courageous Heroes: Spouse's Alzheimer's/Dementia Caregiver Support Group	5
6 / 7	8 8:30am-9:30am- Tai Chi  10am-11am- Grief Support Group	9 5:30pm-7 30pm- Unidos en el Cuidado (1/3)  6pm-7:30pm- Adult Children Support Group	10 <b>SPECIAL PRESENTATION!</b> 10am-11:30am Alzheimer's Community Forum- <b>FREE &amp; open to</b> <u>the public</u> ( <i>In-person at</i> <i>ONEgeneraion Van Nuys</i> )  <b>CENTER CLOSED</b>	11 12:30pm-2:00pm- Wellness Warriors Support Group	12 6:30am- Men's Coffee Club
13 / 14 <b>SPECIAL EVENT!</b> 10am-Noon Concert featuring Laura Pursell with Leeza Gibbons- <b>FREE &amp; open to</b> <u>the public</u> ( <i>in-person at</i> <i>Hard Rock Café</i> <i>Hollywood</i> )	15 8:30am-9:30am- Yoga with Teresa  10am-11am- MS Support Group  6:30pm-8:00pm- The Sister Circle	16 <b>NEW!</b> 3pm- S.T.A.T.- Strategies, Tips and Tricks- "Ins & Outs of Dementia"  5:30pm – 7:30pm- Unidos en el Cuidado (2/3)	17 11:15am-12:45pm- Caregiver Connection Support Group  6pm-7:30pm- Caring for a Parent with Alzheimer's or dementia Support Group	18 12:30pm-2:00pm- Courageous Heroes: Spouse's Alzheimer's/Dementia Caregiver Support Group	19
20 / 21	22 8:30am-9:30am- Tai Chi  10am-11am- Grief Support Group  <b>SPECIAL EVENT!</b> 10am-1pm Caregiver Spa Day ( <i>in-person at St.</i> <i>Joe's</i> )	23 6pm-7:30pm- Adult Children Support Group  5:30 – 7:30pm- Unidos en el Cuidado (3/3)	24 <b>NEW TIME!</b> Noon-1:30pm Educational Presentation: "Managing Money" ( <i>Virtual Only</i> )	25 <b>NEW!</b> 10:30am-11:30am DBS Parkinson's Support Group ( <i>In-person</i> )  12:30pm-2:00pm- Wellness Warriors Support Group	26 6:30am- Men's Coffee Club
27 / 28	29	30	31		

**MAY 2023**

**ALL SERVICES FREE & MOST HELD VIRTUALLY**

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