



CENTER OPEN:
 Mon.-Thurs, 10am to 4pm
 501 S. Buena Vista Blvd.,
 Burbank, CA 91505

CONTACT: (818) 847-3686
 Email: info@leezascareconnection.org
www.leezascareconnection.org
Located in South Tower

Sat/Sun	Monday	Tuesday	Wednesday	Thursday	Friday
1	2 Center Closed	3 9am-10am- Early & Mid-Stage Dementia Support Group	4 10am Educational Presentation: Disaster Preparedness for Older Adults 11:15am-12:45pm- Caregiver Connection Support Group 6pm-7:30pm- Caring for a Parent with Alzheimer's or dementia Support Group	5 NEW! 9am-10am- Now What? Now Me! 12:30pm-2:00pm- Courageous Heroes: Spouse's Alzheimer's/Dementia Caregiver Support Group	6
7 / 8	9 NEW! 8:30am-9:30am- Yoga with Teresa	10 9am-10am- Parkinson's Caregiver Support Group NEW! 6pm-7:30pm- Adult Children Support Group	11 10am Educational Presentation: Pre-Planning: Giving Your Family Peace of Mind	12 NEW! 10am-11am- Caregiver Support Group 12:30pm-2:00pm- Wellness Warriors Support Group	13
14 / 15	16 NEW! 10am-11am- Grief Support Group	17 9am-10am- Early & Mid-Stage Dementia Support Group	18 10am Educational Presentation: Sensitive Situations in Dementia Caregiving 11:15am-12:45pm- Caregiver Connection Support Group 6pm-7:30pm- Caring for a Parent with Alzheimer's or dementia Support Group	19 NEW! 9am-10am- Now What? Now Me! 12:30pm-2:00pm- Courageous Heroes: Spouse's Alzheimer's/Dementia Caregiver Support Group	20
21 / 22	23 NEW! 8:30am-9:30am- Yoga with Teresa NEW! 10am-11am- MS Support Group	24 9am-10am- Parkinson's Caregiver Support Group NEW! 6pm-7:30pm- Adult Children Support Group	25 10am Educational Presentation: Healthy Living for Your Brain & Body	26 NEW! 10am-11am- Caregiver Support Group 12:30pm-2:00pm- Wellness Warriors Support Group	27
28 / 29	30 NEW! 10am-11am- Grief Support Group	31 9am-10am- Parkinson's Support Group			

JANUARY 2023

ALL OF OUR SERVICES ARE FREE!

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