



Monday – Friday: 10:00am-4:00pm
 Located: 501 S. Buena Vista St,
 South Tower Burbank, CA 91505
 Managing Director: Allison Korrey
 Program Director: Justina Lewis
 CONTACT: (818) 847-3686 or (888) OK- LEEZA
 Email: info@leezascareconnection.org

OCTOBER 2022

Sat/Sun	Monday	Tuesday	Wednesday	Thursday	Friday
1 / 2	3 NEW! 8:30am-9:30am Yoga with Teresa	4 9am-10am- Early & Mid Stage Dementia group	5 10am Virtual Education Presentation: “Brain Health & Wellness: Tips to Keep Your Brain Young” 11:15am-12:45pm- Caregiver Connection Support Group- open to all Alzheimer's/Dementia caregivers 6pm-7:30pm- Caring for a Parent with Alzheimer’s or Dementia Support Group	6 NEW! 9am-10am Now What? Now Me! 12:30pm-2:00pm- Courageous Heroes: Spouse Alzheimer’s/Dementia Caregiver Support Group	7 Call us if you need resources or support! (818) 847-3686
8 / 9	10 NEW! 10am-11am- Grief Support Group	11 9am-10am- Parkinson’s Caregiver Support Group	12 10am Virtual Education Presentation: “Medicare 101 with Humana”	13 NEW! 10am-11am Caregiver Support Group 12:30-2:00pm- Wellness Warriors Support Group	14 NEW! 6:30am-7.30am Men’s Coffee Club
15 / 16	17 NEW! 8:30am-9:30am Yoga with Teresa 10am-11am- MS Support Group	18 9am-10am- Early & Mid Stage Dementia group	19 10am Virtual Education Presentation: “Sensitive Situations in Dementia Caregiving” 11:15am-12:45pm- Caregiver Connection Support Group- open to all Alzheimer's/Dementia caregivers 6pm-7:30pm- Caring for a Parent with Alzheimer’s or Dementia Support Group	20 NEW! 9am-10am Now What? Now Me! 12:30pm-2:00pm- Courageous Heroes: Spouse Alzheimer’s/Dementia	21 Call us if you need resources or support! (818) 847-3686
22 / 23	24 NEW! 10am-11am- Grief Support Group	25 9am-10am- Parkinson’s Caregiver Support Group	26 10am Virtual Education Presentation: “Embodied Connection: Coming Back to Ourselves to Care for Others”	27 10am-11am Caregiver Support Group 12:30-2:00pm- Wellness Warriors Support Group	28 NEW! 6:30am-7.30am Men’s Coffee Club