

# NOVEMBER 2023



**CENTER OPEN:**

Mon.-Thurs, 10am to 4pm  
501 S. Buena Vista Blvd.,  
Burbank, CA 91505

**CONTACT:** (818) 847-3686

Email: [info@leezascareconnection.org](mailto:info@leezascareconnection.org)  
[www.leezascareconnection.org](http://www.leezascareconnection.org)  
Located in South Tower

ALL SERVICES ARE FREE & HELD VIRTUALLY **UNLESS NOTED IN RED**

SUN	MON	TUE	WED	THU	FRI	SAT
			<p><b>1</b> 11:15am-12:45pm PST 2:15pm-3:45pm EST <b>Caregiver Connection Support Group</b></p> <p>6pm-7:30pm PST 9pm-10:30pm EST <b>Caring for a Parent with Alzheimer's or dementia Support Group</b></p>	<p><b>2</b> 12:30pm-2:00pm PST 3:30pm- 5pm EST <b>Courageous Heroes: Spouse's Alzheimer's/ Dementia Caregiver Support Group</b></p>	<p><b>3</b> <b>7:30am PST/10:30amEST</b> <b>Women's Club:</b> Coffee, Tea w/ Everything Sweet</p>	<p><b>4</b> <b>IN-PERSON</b> 9am-6pm <b>12 Annual Glendale Health Festival</b> <b>Pacific Community Center &amp; Park</b> <b>501 S Pacific Ave, Glendale, CA</b></p>
<b>5</b>	<p><b>6</b> 6:30pm-8:00pm PST 9:30-11:00pm EST <b>The Sister Circle</b></p>	<b>7</b>	<p><b>8</b> Virtual Presentation 11am-1pm PST 2pm-4pm EST <b>Educational Presentation: CALGROWS Spanish Programming</b> To register please email <a href="mailto:INFO@LEEZASCARECONNECTION.ORG">INFO@LEEZASCARECONNECTION.ORG</a></p>	<p><b>9</b> <b>IN-PERSON</b> 9:30am-11:30 am <b>Virtual Dementia Tour</b> 12:30pm-2:00pm PST 3:30pm- 5pm EST- <b>Wellness Warriors Support Group</b></p>	<p><b>10</b> <b>6:30am PST/ 9:30am EST</b> <b>Men's Coffee Club</b></p>	<b>11</b>
<b>12</b>	<p><b>13</b> 10am-11am PST 1pm-2pm EST <b>Grief Support Group</b></p> <p><b>8:30am-9:30am PST</b> <b>11:30-12:30 EST-</b> <b>- Tai Chi</b></p>	<p><b>14</b> 6:00pm-7:30pm PST 9:00pm-10:30 EST <b>Adult Children Support Group</b></p>	<p><b>15</b> Virtual Presentation 11am-1pm PST 2pm-4pm EST <b>Educational Presentation: CALGROWS Spanish Programming</b> To register please email <a href="mailto:INFO@LEEZASCARECONNECTION.ORG">INFO@LEEZASCARECONNECTION.ORG</a></p> <p>11:15am-12:45pm PST 2:15pm-3:45pm EST <b>Caregiver Connection Support Group</b></p> <p>6pm-7:30pm PST/ 9pm-10:30pm EST <b>Caring for a Parent with Alzheimer's or dementia Support Group</b></p>	<p><b>16</b> 12:30pm-2:00pm PST 3:30pm- 5pm EST <b>Courageous Heroes: Spouse's Alzheimer's/ Dementia Caregiver Support Group</b></p>	<p><b>17</b> <b>7:30am PST/ 10:30amEST</b> <b>Women's Club:</b> Coffee, Tea w/ Everything Sweet</p>	<b>18</b>
<b>19</b>	<p><b>20</b> <b>8:30am-9:30am PST</b> <b>11:30am- 12:30 EST-</b> <b>Chair Yoga</b></p> <p>6:30pm PST/ 9:30pm EST <b>The Sister Circle</b></p>	<p><b>21</b> 9 am PST/ 12pm EST <b>Early &amp; Mid Stage Support Group</b></p> <p>6:30pm-8pm PST/ 9:30pm-11pm EST <b>Champurrado, cafe y apoyo (Spanish Support Group)</b></p>	<b>22</b> Center Cloسد	<b>23</b> Center Cloسد	<b>24</b>	<b>25</b>
<b>26</b>	<p><b>27</b> <b>8:30am-9:30am PST</b> <b>11:30am- 12:30 EST-</b> <b>- Tai Chi</b></p> <p>10am-11am PST/ 1pm-2pm EST <b>Grief Support Group</b></p>	<p><b>28</b> 6pm-7:30pm/ 9pm- 10:30pm EST <b>Adult Children Support Group</b></p>	<b>29</b>	<p><b>30</b> 12:30pm-2:00pm PST 3:30pm-5:30pm EST <b>Wellness Warriors Support Group</b></p>		

