



***Our Center is OPEN for limited hours. Email allison@leezascareconnection.org for days & times.**

Monday – Friday
10:00am-4:00pm
allison@leezascareconnection.org

CONTACT US: (818) 847-3686 or (888) OK- LEEZA
Managing Director: Allison Korrey email:

Located at 501 S. Buena Vista St.

General Information email: info@leezascareconnection.org

SEPTEMBER 2022

Sat/Sun	Monday	Tuesday	Wednesday	Thursday	Friday
				1 NEW! 9am-10am Now What? Now Me! 12:30pm-2:00pm- Courageous Heroes: Spouse Alzheimer's/ Dementia Caregiver Support Group	2 Call us if you need resources or support! (818) 847-3686
3 / 4	5 MEMORIAL DAY (CLOSED)	6 9am-10am- Early & Mid Stage Dementia group	7 10am Virtual Education Presentation: "Value Based Care Model for Senior Primary Care" 11:15am-12:45pm- Caregiver Connection Support Group- open to all Alzheimer's/Dementia caregivers 6pm-7:30pm- Caring for a Parent with Alzheimer's or Dementia Support Group	8 NEW! 10am-11am Caregiver Support Group 12:30-2:00pm- Wellness Warriors Support Group	9 NEW! 6:30am-7.30am Men's Coffee Club
10 / 11	12 NEW! 8:30am-9:30am Tai Chi (virtual) NEW! 10am-11am- Grief Support Group	13 9am-10am- Parkinson's Caregiver Support Group	14 10am Virtual Education Presentation: "Aging Gracefully: What is Best for Your Loved Ones"	15 NEW! 9am-10am Now What? Now Me! 12:30pm-2:00pm- Courageous Heroes: Spouse Alzheimer's/ Dementia	16 Call us if you need resources or support! (818) 847-3686
17 / 18	19 NEW! 8:30am-9:30am Yoga with Teresa (virtual) 10am-11am- MS Support Group	20 9am-10am- Early & Mid Stage Dementia group	21 10am Virtual Education Presentation: "Sensitive Situations in Dementia Caregiving" 11:15am-12:45pm- Caregiver Connection Support Group- open to all Alzheimer's/Dementia caregivers 6pm-7:30pm- Caring for a Parent with Alzheimer's or Dementia Support Group	22 10am-11am Caregiver Support Group 12:30-2:00pm- Wellness Warriors Support Group	23 NEW! 6:30am-7.30am Men's Coffee Club
24 / 25	26 NEW! 8am-9am Beginner Yoga (virtual) NEW! 10am-11am- Grief Support Group	27 9am-10am- Parkinson's Support Group	28 10am Virtual Education Presentation: "Medicare Open Enrollment Information"	29	30