



**CENTER OPEN:**  
 Mon.-Thurs, 10am to 4pm  
 501 S. Buena Vista Blvd.,  
 Burbank, CA 91505

**CONTACT: (818) 847-3686**  
 Email: [info@leezascareconnection.org](mailto:info@leezascareconnection.org)  
[www.leezascareconnection.org](http://www.leezascareconnection.org)  
 Located in South Tower

Sat/Sun	Monday	Tuesday	Wednesday	Thursday	Friday
			1  11:15am-12:45pm- Caregiver Connection Support Group  6pm-7:30pm- Caring for a Parent with Alzheimer's or dementia Support Group	2 12:30pm-2:00pm- Courageous Heroes: Spouse's Alzheimer's/Dementia Caregiver Support Group	3
4 / 5	6  8:30am-9:30am- Yoga with Teresa  <b>NEW!</b> 6:30pm-8:00pm- The Sister Circle	7 9am-10am- Early & Mid-Stage Dementia Support Group	8  <b>NEW &amp; IN-PERSON!!</b> 11am-12:30 "Brain Tips: How to Keep Your Brain Young" (Lunch will be provided). Located at our center	9 10am-11am- Caregiver Support Group  12:30pm-2:00pm- Wellness Warriors Support Group	10  <b>NEW!</b> 6:30am- Men's Coffee Club
11 / 12	13 10am-11am- Grief Support Group	14 9am-10am- Parkinson's Caregiver Support Group  <b>NEW!</b> 6pm-7:30pm- Adult Children Support Group	15 11:15am-12:45pm- Caregiver Connection Support Group  6pm-7:30pm- Caring for a Parent with Alzheimer's or dementia Support Group	16 12:30pm-2:00pm- Courageous Heroes: Spouse's Alzheimer's/Dementia Caregiver Support Group	17
18 / 19	20  8:30am-9:30am- Yoga with Teresa  10am-11am- MS Support Group  <b>NEW!</b> 6:30pm-8:00pm- The Sister Circle	21 9am-10am- Early & Mid-Stage Dementia Support Group	22  11am-Noon Educational Presentation: Dementia Conversations ( <b>VIRTUAL ONLY</b> )	23 10am-11am- Caregiver Support Group  12:30pm-2:00pm- Wellness Warriors Support Group	24  <b>NEW!</b> 6:30am- Men's Coffee Club
25 / 26	27 10am-11am- Grief Support Group	28 <b>NEW!</b> 6pm-7:30pm- Adult Children Support Group	29	30	31

**MARCH 2023**

**ALL OUR SERVICES ARE FREE & HELD VIRTUALLY**

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